

UAE | Germany | Qatar | Ghana

TRAIN THE TRAINER

Facilitate Learning. Inspire Growth. Lead with Impact.



Train the Trainer

Great trainers do more than transfer knowledge—they inspire, engage, and empower learners to apply what they know. Training others is both an art and a science, requiring a deep understanding of how people learn, how to communicate effectively, and how to create memorable, transformative experiences.

This Train the Trainer program equips participants with the skills, tools, and confidence to design and deliver impactful training sessions. Whether you're an experienced trainer or stepping into a facilitation role for the first time, this course will strengthen your ability to educate, motivate, and lead others to success.



Objectives / Learning Outcomes:

By the end of this training, participants will be able to:



- Understand the principles of adult learning and training dynamics Design interactive, goal-oriented training sessions Facilitate learning using diverse styles and methodologies

- Manage group dynamics and create an inclusive learning environment
- Use storytelling, questioning, and feedback techniques effectively • Handle challenging participants and unexpected situations with
- professionalism
- Evaluate training effectiveness and adapt for continuous improvement



Course Outline / Key Topics:



- The Adult Learning Journey: How Adults Learn Best
- Planning and Structuring Effective Training Sessions
- Engaging Openings and Impactful Closings
- Interactive Techniques: Group Work, Role Plays, Case Studies
- Presence
- Storytelling, Metaphors, and Anchoring Techniques
- Handling Questions, Objections, and Difficult Behaviors
- Feedback Models: Encouraging Growth and Learning
- Measuring Training Success: Assessments and Evaluation Tools



• Communication Skills for Trainers: Body Language, Voice, and

Methodology



- Trainer-led demonstrations and best-practice models • Practical design and delivery workshops • Micro-teaching sessions with feedback • Peer coaching and supportive critique • Self-assessment tools and reflective journaling

- Real-world practice and continuous improvement planning



Who should attend



- New and aspiring trainers
- Subject matter experts transitioning into facilitation roles
- HR, L&D, and internal educators
- Team leaders and managers responsible for staff training



Duration Options



- 5-Day Core Train the Trainer Program
- Extended Modular Certification Program
- Design, Evaluation)

• Custom Short Courses Focused on Specific Skills (e.g., Facilitation,



Some of our Clients

























Let's Build Together



Phone:

UAE:+971 56 3554982Germany:+49 8031 2200456Qatar:+974 50 586098Ghana:+233 5324 425 98



Follow us on our Social Media Platforms :





Email:

Info@mindyourpower.org



Website:

www.mindyourpower.org www.mindyourpoweracademy.com

