



**UAE | Germany | Qatar | Ghana**

# **EMPOWERED WOMEN IN BUSINESS**

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**Lead. Inspire.  
Break Barriers.**



# Empowered Women in Business

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In today's evolving workplace, women are taking on more leadership roles, driving innovation, and creating impact across industries. But challenges still exist—ranging from internal self-doubt to external bias. Empowered Women in Business is a dynamic program designed to help women recognize their strengths, overcome limiting beliefs, and develop the confidence, communication, and leadership skills needed to thrive in any professional environment.

Whether you're leading a team, running a business, or navigating your career path, this course offers tools and strategies that empower you to lead authentically and boldly—while building meaningful networks with other like-minded women.

# Objectives / Learning Outcomes:

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By the end of this training, participants will be able to:



- Develop a strong and confident leadership presence
- Communicate assertively and effectively in all settings
- Address and overcome internal limiting beliefs and imposter syndrome
- Navigate bias and promote gender equity in the workplace
- Build strong, supportive professional relationships and networks
- Align career goals with personal values and passions
- Take empowered action and lead with authenticity and purpose



# Course Outline / Key Topics:

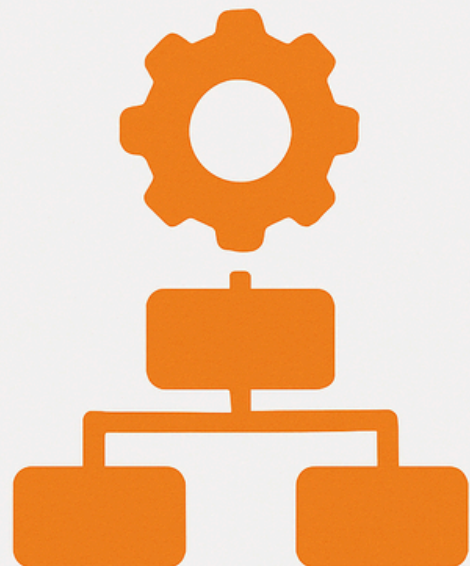
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- The Landscape of Women in Business Today
- Confidence, Self-Talk, and Personal Empowerment
- Communicating with Clarity, Strength, and Empathy
- Navigating Bias and Challenging Stereotypes
- Executive Presence and Strategic Visibility
- Emotional Resilience and Stress Management
- Goal Setting and Career Mapping
- Building Support Systems and Collaborative Communities

# Methodology

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- Group dialogue and peer coaching
- Self-reflection exercises and empowerment journaling
- Role plays and communication practice
- NLP-based confidence and mindset techniques
- Case studies and storytelling from women leaders
- Action planning for personal and professional development

# Who should attend

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- Women professionals at all career levels
- Entrepreneurs and business owners
- Women transitioning into leadership roles
- HR, DEI, and women's development champions

# Duration Options

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- 1-Day Empowerment Workshop
- 2-3-Day Deep Dive into Communication and Leadership for women
- Multi-Session Development Series for Women in Business



# Some of our Clients







# Let's Build Together



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