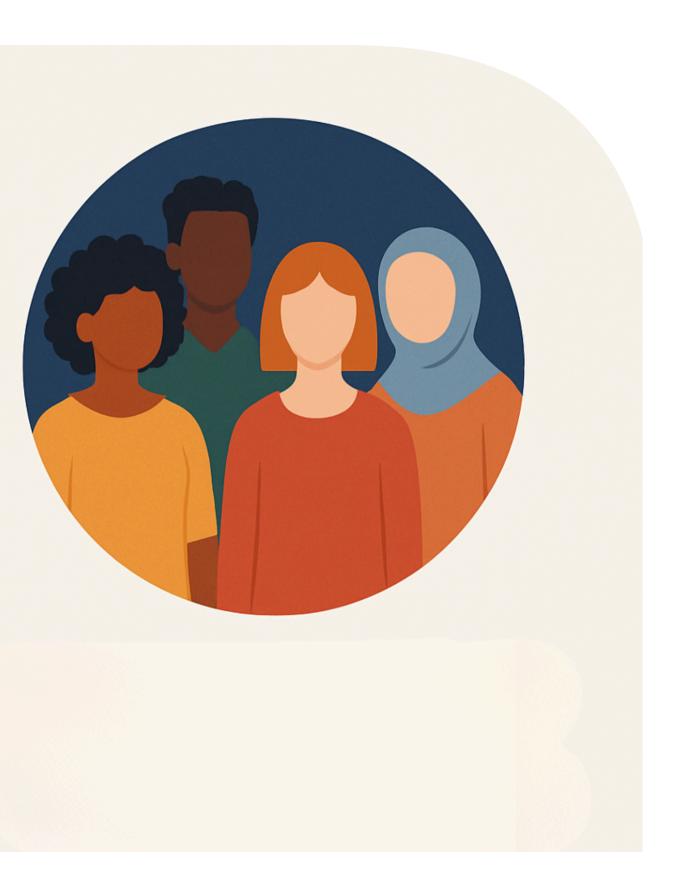


UAE | Germany | Qatar | Ghana

DIVERSITY & INCLUSION

Foster Belonging. Embrace Difference. Build Inclusive Cultures.



Diversity & Inclusion

In today's global and interconnected world, workplaces that value diversity and inclusion don't just perform better—they inspire innovation, trust, and human connection. But inclusion is not automatic. It takes awareness, intention, and the right tools to move from diversity to true equity and belonging.

This Diversity & Inclusion training empowers participants to recognize unconscious bias, appreciate cultural differences, and contribute to a more inclusive workplace culture. Through guided conversations, experiential learning, and actionable strategies, individuals and teams will build the empathy, understanding, and confidence to create lasting impact.



Objectives / Learning Outcomes:



By the end of this training, participants will be able to:

- Understand the key concepts of diversity, equity, and inclusion (DEI)
- Explore how identity, culture, and experience shape perspectives • Recognize and address unconscious bias in the workplace • Communicate more respectfully across differences Foster psychological safety and a sense of belonging Create inclusive habits and team norms

- Respond constructively to exclusion, bias, or microaggressions



Course Outline / Key Topics:



- Defining Diversity, Inclusion, Equity, and Belonging
- The Value of Inclusive Workplaces: Data & Human Impact
- Unconscious Bias: Awareness and Practical Tools
- Identity and Intersectionality: Understanding Others' Realities
- Inclusive Communication: Words, Tone, and Intent
- Power, Privilege, and Allyship
- The Role of Leaders and Teams in Building Inclusion
- Microaggressions, Intent vs. Impact, and Psychological Safety
- Creating Team Norms that Support Inclusion
- From Awareness to Action: Your Personal Inclusion Plan



ity, and Belonging es: Data & Human Impact nd Practical Tools derstanding Others' Realities s, Tone, and Intent

in Building Inclusion act, and Psychological Safety port Inclusion Personal Inclusion Plan

Methodology



- Real-life case studies and storytelling
- Personal reflection and empathy-building exercises
- Identity-mapping and perspective-taking activities
- Group discussions and safe sharing spaces
- Role plays and response strategies
- Inclusive language tools and scenario-based learning



Who should attend



- Leadership teams, HR, and DEI advocates
- Team members at any level
- Cross-functional and multicultural teams
- Anyone committed to fostering inclusion and respect at work



Duration Options



- 1-Day Practical Training with Activities
- 2-Day Deep Dive with Team Inclusion Plan
- Modular Sessions for Long-Term Inclusion Culture Building



ivities usion Plan Inclusion Culture Building

Some of our Clients

























Let's Build Together



Phone:

UAE:+971 56 3554982Germany:+49 8031 2200456Qatar:+974 50 586098Ghana:+233 5324 425 98



Follow us on our Social Media Platforms :





Email:

Info@mindyourpower.org



Website:

www.mindyourpower.org www.mindyourpoweracademy.com

